FOOD TALKING

Reconnecting people and cultures—one recipe at a time

Contributor Prompt Sheet

Thank you for sharing your dish and your story! Below are a few simple prompts to help you write your entry. You don't need to write a lot — a few sentences is completely fine, or a few paragraphs if you'd like to share more. Just answer in your own words and your own voice.

This Round's Theme

"A dish I learned by watching, not by a recipe."

Think of a dish you picked up just from being in the kitchen with someone — no measuring cups, no written recipe, just watching and remembering.

Your Prompts

1. What's the dish?

Tell us the name of the dish, and a quick word on what it is if someone unfamiliar with it might need a little context.

2. Who did you watch, and what do you remember about watching them make it?

This could be a parent, grandparent, neighbor, family friend — anyone. What do you remember about being there while they cooked? A smell, a sound, something they always said or did?

3. What does this dish mean to you now?

How do you feel about this dish today? Has your relationship to it changed? Do you make it yourself now, or is it something you still associate with watching someone else?

Photos

Please include, at minimum:

- One photo of you (a selfie is great!)
- One photo of the finished dish

Optional but welcome:

- Photo(s) of the dish being made — ingredients, mid-cooking, whatever feels natural

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How to Sign Your Entry

We'll credit you with your first name and your culture, for example “Mei, Chinese” or “Sarah, American.” If you're a teen contributor, we'll add (teen) after your culture, e.g. “Jake, American (teen).” Let us know if you'd like your entry signed differently.

One More Thing

There's no wrong way to answer these. Write like you're telling a friend about this dish — that's exactly the voice we're looking for.

Send your recipe and story to:

john.bennett@thelodgeapproach.org

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